

# Supplementary Material 1

## Ethic Approval Letter



Downloaded: 17/03/2025

Approved: 13/03/2025

Yixuan Sun

Registration number: 240185761

Music

Programme: Quantitative Research Techniques Statistics in Music Psychology

Dear Yixuan

**PROJECT TITLE:** Whether there is a difference in the musical emotional expectations of Chinese and Western listeners in their daily lives for happiness, sadness and anger

**APPLICATION:** Reference Number 066958

On behalf of the University ethics reviewers who reviewed your project, I am pleased to inform you that on 13/03/2025 the above-named project was **approved** on ethics grounds, on the basis that you will adhere to the following documentation that you submitted for ethics review:

- University research ethics application form 066958 (form submission date: 13/03/2025); (expected project end date: 30/05/2025).
- Participant consent form 1150276 version 2 (10/03/2025).

If during the course of the project you need to [deviate significantly from the above-approved documentation](#) please inform me since written approval will be required.

Your responsibilities in delivering this research project are set out at the end of this letter.

Yours sincerely

Andrew Killick  
Ethics Admin  
Music

Please note the following responsibilities of the researcher in delivering the research project:

- The project must abide by the University's Research Ethics Policy: <https://www.sheffield.ac.uk/research-services/ethics-integrity/policy>
- The project must abide by the University's Good Research & Innovation Practices Policy: [https://www.sheffield.ac.uk/polopoly\\_fs/1.6710661/file/GRIPPpolicy.pdf](https://www.sheffield.ac.uk/polopoly_fs/1.6710661/file/GRIPPpolicy.pdf)
- The researcher must inform their supervisor (in the case of a student) or Ethics Admin (in the case of a member of staff) of any significant changes to the project or the approved documentation.
- The researcher must comply with the requirements of the law and relevant guidelines relating to security and confidentiality of personal data.
- The researcher is responsible for effectively managing the data collected both during and after the end of the project in line with best practice, and any relevant legislative, regulatory or contractual requirements.

# Daily Music Questionnaire

## Research Consent Statement

Thankyou for participating in this academic study on music and cultural adaptation. By proceeding, you conJrm:

- You agree to anonymous data use for research purposes.
- Responses will be stored securely and analyzed only by the research team.
- The questionnaire takes 5-10 minutes; you may skip questions or withdraw anytime.

The project has received University ethics approval.

Proceeding implies consent.

~~\* Indicates required question~~

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### 1. What is your gender? \*

*Mark only one oval.*

- ☐ Male
- ☐ Female
- ☐ Transgender
- ☐ Non-binary
- ☐ Prefer not to say
- ☐ Other: \_\_\_\_\_

### 2. What is your age? \*

\_\_\_\_\_

### 3. What is your nationality? (please complete this survey if you identify with these cultures) \*

*Mark only one oval.*

- ☐ Chinese      *Skip to question 5*
- ☐ Western (please specify)      *Skip to question 4*

## Nationality

Please specify your nationality. \*

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*Skip to question 5*

4. What is your primary cultural background? \*

(Select the option that best describes your cultural background)

*Mark only one oval.*

- ☐ Chinese      *Skip to question 6*
- ☐ Western      *Skip to question 6*
- ☐ Equally influenced by both(Bicultural)      *Skip to question 6*

5. How much music training have you had? \*

*Mark only one oval.*

- ☐ No formal training
- ☐ Self-taught (without structured lessons)
- ☐ 1-3 years of formal training
- ☐ 4-6 years of formal training
- ☐ More than 6 years of formal training

6. To what extent do you prefer listening to **happy** music in the following settings? \**Mark only one oval per row.*

	1 (Strongly dislike)	2 (Dis like)	3 (Dis like a little)	4 (N e i t h e r d i s l i k e o r l i k e)	5 (L i k e a l i t t l e )	6 (Like)	7 (Strongl like)
Being on the move (e.g., by car, subway, or bike )	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working & studying	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relaxing & falling asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Party	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coping with emotions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Housework	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Making music	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pure music listening	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. To what extent do you prefer listening to **sad** music in the following settings? \**Mark only one oval per row.*

	1 (Strongly dislike)	2 (Dis like)	3 (Dislike a little )	4 (N e i t h e r dis i k e o r k e )	5 (L i k e a l i t t l e )	6 (L i k e)	7 (Strongl like)
Being on the move (e.g., by car, subway, or bike )	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working & studying	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relaxing & falling asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Party	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coping with emotions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Housework	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Making music	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pure music listening	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. To what extent do you prefer listening to **angry** music in the following settings? \**Mark only one oval per row.*

	1 (Strongly dis like)	2 (Dis like)	3 (Dislike a little )	4 (N e i t h e r dis i k e or l k e )	5 (L i k e a l i t t l e )	6 (Like)	7 (Strongl like)
Being on the move (e.g., by car, subway, or bike )	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Working & studying	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Relaxing & falling asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Party	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coping with emotions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Housework	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Making music	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pure music listening	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

9. What other differences do you think exist between Western and Chinese listeners in the emotional expectations of music?

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